

INTRODUCING THE

# SlenderFX™

Weight Management System by Youngevity®



**Youngevity®**  
ESSENTIAL LIFE SCIENCES

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SLENDER FX™ WEIGHT MANAGEMENT SYSTEM INCLUDES:

**SWEET-EZE™**

**Supplement Facts**

Serving Size: 1 capsule  
Servings Per Container: 120

	Amount per Serving	%DV*
Chromium (from chromium amino acid chelate)	100 mcg	83%
Cinnamon Bark	200 mg	**
L-Aspartic Acid	150 mg	**
Gingeng Root (Panax ginseng)	50 mg	**
Gymnema Leaf Extract (75% gymnemic acid)	30 mg	**
Bitter Melon Fruit Extract (40:1)	10 mg	**
Jambolin Seed Extract (16:1)	10 mg	**
Vanadium (from vanadium amino acid chelate)	200 mcg	**

\*\* Daily Value not established.  
\* Daily Values are based on a 2,000 calorie diet for adults and children over 4 years of age.

**INGREDIENTS:** Gelatin capsule (gelatin and water) and magnesium stearate.

**CLEANSE-FX™**

**Supplement Facts**

Serving Size: 2 capsules  
Servings Per Container: 30

	Amount per Serving	% DV*
Flax Seed (Linum usitatissimum)	600 mg	**
Cape Aloe Leaf (Aloe ferox)	300 mg	**
Rhubarb Root (Rheum sp.)	300 mg	**
Triphala (blend of Amla fruit, belleric myrobalan fruit and chebulic myrobalan fruit)	100 mg	**
Slippery Elm Bark (Ulmus rubra)	100 mg	**
Marshmallow Root (Althaea officinalis)	100 mg	**

\*\* Daily Value not established.  
\* Daily Values are based on a 2,000 calorie diet for adults and children over 4 years of age.

**INGREDIENTS:** Vegetable capsule (hypromellose and water).

**FOOD FIBER**

**Supplement Facts**

Serving Size: 3.5 grams (1 level teaspoon)  
Servings Per Container: 14

	Amount per Serving	% DV*
Calories	10	
Calories from Fat	0	
Total Fat	0 g	0%
Sodium	10 mg	<1%
Total Carbohydrates	3 g	1%
Dietary Fiber	3 g	12%
Soluble Fiber	3 g	**
Protein	0 g	0%

Proprietary Blend 3.5 g \*\*  
(Acacia Gum, Maltodextrin, Isomaltoligosaccharide, Glucomannan)

Not a significant source of Vitamin A, Vitamin C, Calcium or Iron.  
\*\* Daily Value not established.  
\* Daily Values are based on a 2,000 calorie diet for adults and children over 4 years of age.

**MEAL REPLACEMENT SHAKE - CHOCOLATE**

**Supplement Facts**

Serving Size: approx. 22 grams (1 scoop)  
Servings Per Container: 30

	Amount per Serving	% DV*		Amount per Serving	% DV*
Calories	77		Vitamin B-12 (as cyanocobalamin)	2 mcg	33%
Calories From Fat	9		Biotin	105 mcg	35%
Total Fat	1 g	1%	Vitamin B-5 (pantothenic acid as calcium pantothenate)	3 mg	30%
Cholesterol	3 mg	1%	Calcium (from calcium phosphate and naturally occurring)	350 mg	35%
Total Carbohydrates	2 g	1%	Iron (from iron pyrophosphate)	6 mg	33%
Dietary Fiber	0.5 g	2%	Magnesium (from magnesium carbonate)	140 mg	35%
Sugars	0 g	**	Zinc (from zinc lactate)	5 mg	33%
Protein	15 g	30%	Selenium (from L-selenomethionine)	24 mcg	34%
Vitamin A (as beta carotene)	1750 IU	35%	Copper (from copper gluconate)	700 mcg	35%
Vitamin C (as ascorbic acid)	21 mg	35%	Chromium (from chromium amino nicotinate)	42 mcg	35%
Vitamin D-3 (as cholecalciferol)	140 IU	35%	Molybdenum (from molybdenum citrate)	25 mcg	33%
Vitamin E (as d-alpha tocopheryl acetate)	10.5 IU	35%	Sodium	230 mg	10%
Vitamin K	28 mcg	35%	Potassium	210 mg	6%
Vitamin B-1 (as thiamine hydrochloride)	500 mcg	33%	Folic Acid	140 mcg	35%
Vitamin B-2 (as riboflavin)	595 mcg	35%			
Vitamin B-3 (as niacinamide)	7 mg	35%			
Vitamin B-6 (as pyridoxine HCl)	700 mcg	35%			

**INGREDIENTS:** Soy Protein Isolate, Milk Protein Isolate, Cocoa, Whey Protein Concentrate, Magnesium Carbonate, Non Dairy Creamer, Tricalcium Phosphate, Natural and Artificial Flavors, FOS/Inulin, Sodium Chloride, Maltodextrin, Xanthan Gum, Potassium Citrate, Iron Pyrophosphate, Sucralose, Zinc Lactate, Ascorbic Acid, Vitamin E (D-Alpha Tocopheryl Acetate), Beta Carotene, Niacinamide, Copper Gluconate, Molybdenum Citrate, Selenomethionine, Calcium Pantothenate, Pyridoxine HCl, Chromium Amino Nicotinate, Riboflavin, Vitamin K1, Thiamine HCl, Vitamin D3, Vitamin B12, Folic Acid, Biotin.

**MEAL REPLACEMENT SHAKE - VANILLA**

**Supplement Facts**

Serving Size: approx. 22 grams (1 scoop)  
Servings Per Container: 30

	Amount per Serving	% DV*		Amount per Serving	% DV*
Calories	86		Vitamin B-12 (as cyanocobalamin)	2 mcg	33%
Calories From Fat	24		Biotin	105 mcg	35%
Total Fat	2.7 g		Vitamin B-5 (pantothenic acid as calcium pantothenate)	3 mg	30%
Cholesterol	0 mg	0%	Calcium (from calcium phosphate and naturally occurring)	350 mg	35%
Total Carbohydrates	4 g	1%	Iron (from iron pyrophosphate)	6 mg	33%
Dietary Fiber	0.5 g	2%	Magnesium (from magnesium carbonate)	140 mg	35%
Sugars	0 g	**	Zinc (from zinc lactate)	5 mg	33%
Protein	15 g	30%	Selenium (from L-selenomethionine)	24 mcg	34%
Vitamin A (as beta carotene)	1750 IU	35%	Copper (from copper gluconate)	700 mcg	35%
Vitamin C (as ascorbic acid)	21 mg	35%	Chromium (from chromium amino nicotinate)	42 mcg	35%
Vitamin D-3 (as cholecalciferol)	140 IU	35%	Molybdenum (from molybdenum citrate)	25 mcg	33%
Vitamin E (as d-alpha tocopheryl acetate)	10.5 IU	35%	Sodium	175 mg	7%
Vitamin K	28 mcg	35%	Potassium	50 mg	1%
Vitamin B-1 (as thiamine hydrochloride)	500 mcg	33%	Folic Acid	140 mcg	35%
Vitamin B-2 (as riboflavin)	595 mcg	35%			
Vitamin B-3 (as niacinamide)	7 mg	35%			
Vitamin B-6 (as pyridoxine HCl)	700 mcg	35%			

**INGREDIENTS:** Soy Protein Isolate, Milk Protein Isolate, Natural and Artificial Flavors, Whey Protein Concentrate, Non Dairy Creamer, Magnesium Carbonate, Tricalcium Phosphate, FOS/Inulin, Maltodextrin, Xanthan Gum, Potassium Citrate, Sodium Chloride, Iron Pyrophosphate, Sucralose, Zinc Lactate, Ascorbic Acid, Vitamin E (D-Alpha Tocopheryl Acetate), Beta Carotene, Niacinamide, Copper Gluconate, Molybdenum Citrate, Selenomethionine, Calcium Pantothenate, Pyridoxine HCl, Chromium Amino Nicotinate, Riboflavin, Vitamin K1, Thiamine HCl, Vitamin D3, Vitamin B12, Folic Acid, Biotin.

FOR MORE INFORMATION, CONTACT:

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# SlenderFX™

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# EXAMINE THE RISKS...

## LUNGS / SLEEP APNEA

Sleep apnea, which causes people to stop breathing for brief periods, interrupts sleep throughout the night and causes sleepiness during the day. Respiratory problems associated with obesity occur when added weight of the chest wall squeezes the lungs and causes restricted breathing. (Stanford Medical Center)

## HEALTHY DIGESTIVE SYSTEM

Obese men who are diagnosed with prostate cancer and have a BMI of over 32.5%, have a 33% higher mortality rate than their non-obese counterparts. (NAASO, The Obesity Society)

## PERSPECTIVE

You have to walk 7000 steps, or about one hour, to burn off the calories in a Grande Café Mocha or Glazed Donut. (Martin Collis, PhD)



## HEART

About 25% of all heart and blood vessel problems are associated with obesity. (American Heart Association)

## DIABETES

A weight gain of 11 to 18 pounds increases the risk of developing type 2 diabetes to twice that of individuals who have not gained weight. (U.S. Surgeon General)

## HIGH BLOOD PRESSURE

High blood pressure usually has no symptoms. In fact, many people have high blood pressure for years without knowing it. That's why it's called the "silent killer." (American Heart Association)

## JOINTS

For every 2-pound increase in weight, the risk of developing arthritis is increased by 9 to 13%. (U.S. Surgeon General)

Whether you are looking for cutting edge products to achieve your personal weight and wellness goals, or you are looking to build a successful business that suits your lifestyle, the Slender FX™ Weight Management System is for you!

### THE PROBLEM:

With obesity increasing at an alarming rate worldwide, weight management is at the forefront of the current health care crisis. Excess weight affects people of all ages. 120 Million Americans over the age of 20 are overweight, and a staggering 59 Million Americans over the age of 20 are obese! Sadly, one in five children between the ages of 6 and 11 is overweight.

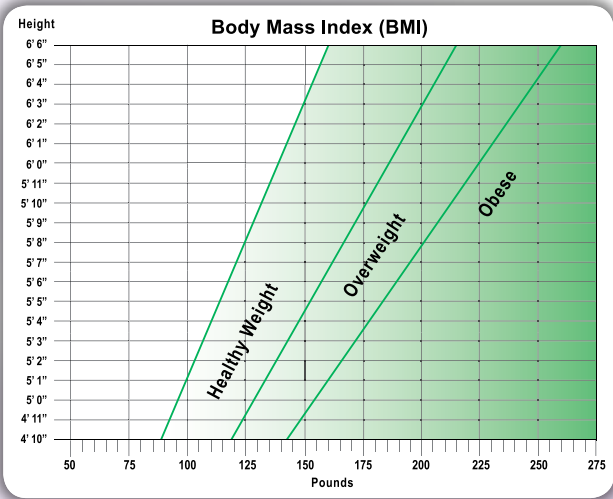
The medical community reports that excess weight directly affects the health and well-being of millions of Americans. Increased risk factors for conditions such as Cardiovascular Disease, Heart Disease, Liver Disease, Diabetes and Arthritis are directly related to excess weight. We've known this for years and yet the problem just gets bigger and bigger! This is the REAL healthcare crisis.

According to the CDC (Centers for Disease Control and Prevention), "American society has become 'obesogenic,' characterized by environments that promote increased food intake, consumption of non-healthy foods, and physical inactivity. Policy and environmental change initiatives that make healthy choices in nutrition and physical activity available, affordable and easy, will likely prove most effective in combating obesity."

### IDENTIFY YOUR RISK:

An easy way to gauge your health is to compare your current height and weight to the BMI chart. **Body Mass Index (BMI)** is a number calculated from a person's weight and height. BMI does not measure body fat directly, but research has shown that BMI correlates to direct measures of body fat.

When Body Mass Index (BMI) exceeds 30%, the relative risk of death related to obesity increases by 50%. (American Obesity Association)



### THE SOLUTION:

Let's face it, your weight is not going to change unless you do something different. The solution starts with a solid commitment to losing weight with the goal to maintain a healthy weight. This commitment is often the hardest part, but once you've made this important decision to take charge of your life and your health, you are well on your way to a better quality of life.



We suggest you keep a food diary to help make you aware of what you are eating. **Being informed empowers you to make intelligent choices.** You don't have to give up great food to achieve your weight loss and health goals - many great foods are good for you! Avoid heavily processed foods such as potato chips, sugary snacks, fried foods, and soft drinks. Many energy drinks or soft drinks are loaded with refined sugar and caffeine, these simple carbohydrates are terrible for you. Make the decision to eliminate these types of foods from your daily life. Make each food choice a healthy one! Eat fresh, non-processed foods and, replace those daily burger meals with a chicken salad. Replace sugar and calorie-laden drinks with healthy drinks or water. You'll feel better and you won't suffer from the dreaded "sugar crash", which only perpetuates the downward spiral of your health.

Now put one foot in front of the other and get moving, moderate exercise is invigorating and healthful too! 10 to 15 minutes of moderate exercise each day is a great start. Take a walk, ride a bike, make time for yourself and take a pilates or yoga class - it's good for YOU! Moderate exercise is good for your body and your mind!

Maintaining your healthy weight is like balancing your check book or bank account. You can eat a specific number of calories per day to maintain your weight, exceed this number of calories and you could see your weight increase. To lose weight, consume fewer calories than this base line number and increase your activity level. Making better food choices and increasing your activity levels are great additions to your new healthy lifestyle.

## This Revolutionary System Includes:

### SLENDER FX™ Sweet Eze™

SLENDER FX™ SWEET EZE™ which contains chromium, vanadium, cinnamon bark and other supportive herbs, is formulated to nutritionally support healthy blood sugar levels†. Take 1 capsule with each meal, or as directed by your healthcare professional.



### SLENDER FX™ Food Fiber™

Studies show that most adults are not getting enough soluble fiber in their daily diets. Soluble fiber helps maintain healthy weight, balanced blood sugar levels and healthy digestion†. We've made it easier to get more fiber! When added to most foods, this amazing product has virtually no taste, but can actually accentuate the flavor of your favorite foods. Add SLENDER FX™ Food Fiber to hot cereals, soups, salads, meat or pasta dishes, throughout your day. Taken as directed, SLENDER FX™ Food Fiber adds an additional 7 grams of high tech fiber to your daily diet.



### SLENDER FX™ Meal Replacement Shake

Finally, a meal replacement protein shake that tastes great! Offered in Chocolate or Vanilla, SLENDER FX™ Meal Replacement Shake was developed to reduce the amount of calories you consume. Simply replace one meal, such as lunch or dinner, with a delicious SLENDER FX™ Meal Replacement Shake. It's a simple way to assist in portion control. SLENDER FX™ Meal Replacement Shake contains 35% of the RDI of most essential vitamins and major minerals, while also providing 15 grams of protein.



### SLENDER FX™ Cleanse FX™

A proprietary blend of gentle cleansing herbs that is an integral part of the Slender FX™ Weight Management System. Many health professionals believe optimal health begins with the digestive system. CLEANSE FX™ helps cleanse and purify the body by supporting detoxification of the digestive system. Simply take 1 to 2 capsules before bed with at least 8 ounces of purified water. CLEANSE FX™ helps your body cleanse and renew itself as you wind down from your busy day†.



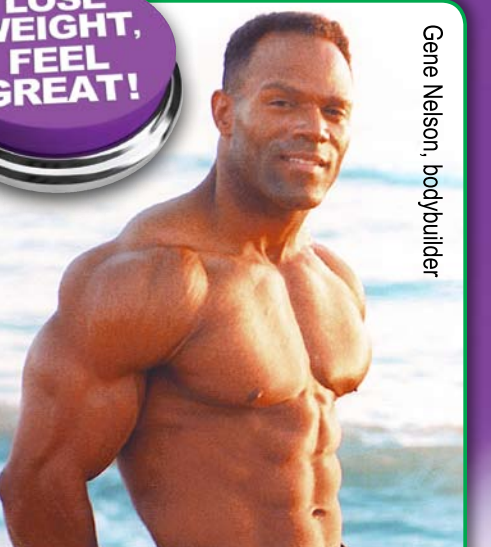
† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Need to LOSE weight and get yourself on the road to OPTIMAL HEALTH?



The SLENDER FX™ WEIGHT MANAGEMENT SYSTEM was developed by YOUNGEVITY® to help you achieve optimal health while boosting your energy, stamina, and vitality. This system is comprehensive and is designed to be used throughout your day and to help you achieve a healthy lifestyle and meet your healthy weight goals!

We want YOU to be the Biggest WINNER!



Gene Nelson, bodybuilder